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FALL FUN IN PHILLY'S PARKS

Enjoy Free Dance Performances, Ciderfest, Volunteer Activities, and Glow in the Park with Fairmount Park Conservancy and Philadelphia Parks & Recreation

PHILADELPHIA – August 26, 2019 – This fall, Philadelphia Parks & Recreation and its nonprofit partner Fairmount Park Conservancy will bring a host of recreational, environmental, and cultural programs to parks throughout the city.

Here are some different ways people can experience Fall in Philly's Parks:

Be Active

- September 14: Boxers' Trail 5K Run/Walk in Fairmount Park
- September 15: Forest Therapy Walk in Fairmount Park
- Fridays in September: Shake it Off Fridays at LOVE Park with Siempre Salsa
- September-October: We Walk PHL fitness program in multiple locations

Be Artsy

- September 5-21: Live at LOVE in partnership with Fringe Arts brings four site-specific events
- September 24-29: *In Motion/In Place: Trisha Brown Dance Company in Fairmount Park* at three locations
- December 12: *Sounds of the Season* at the Historic Houses of Fairmount Park

Be Social

- August 28-September 29: Parks on Tap traveling beer garden
- September 21: CiderFest at the Historic Houses of Fairmount Park
- October 17: Glow in the Park at the Fairmount Park Horticulture Center
- November 9: Love Your Park Fall Service Day at 100+ neighborhood parks



See month-by-month highlights, below.

SEPTEMBER

Raise a glass at the last five stops of Parks on Tap, the traveling community beer garden that gives back. Parks on Tap, developed in partnership between Fairmount Park Conservancy, Philadelphia Parks & Recreation, and FCM Hospitality, visits the following parks now through September 29:

- 8/28-9/2 — Clark Park (West Philadelphia) — open for Labor Day, 9/2 - 12pm-10pm
- 9/4-9/8 — Lemon Hill (East Fairmount Park)
- 9/11-9/15 — Penn Treaty Park (Fishtown)
- 9/18-9/22 — Pretzel Park (Manayunk)
- 9/25-9/29 — Strawberry Mansion Bridge

For Parks on Tap hours and menu, see: <http://parksontap.com>.

Walk or run the Boxers' Trail 5K on Saturday, September 14 and travel the same trail where famous boxers have trained. Proceeds benefit Mander Playground, which organizes youth programs. On-site registration for the Boxers' Trail 5K begins at 8:30am; start time is 9:30am. Registration is free for Strawberry Mansion residents and children. To register in advance or view the route, see: boxerstrail5k.com.

Spend a sparkling autumn afternoon at CiderFest, the celebration of local hard cider taking place at six historic houses in Fairmount Park on Saturday, September 21. CiderFest presented by Cabot and Wyndridge Farm features samples from more than 20 local cideries, live music, pay-as-you-go food trucks, and tours of the historic houses. Each ticket includes a souvenir tasting cup and free house-to-house transportation via Phlash. *New this year, VIP ticket holders will receive all-day access to the VIP Lounge at "Cider Central,"* on the 2nd floor of Lemon Hill Mansion, with a spread of food, refreshments, and comfortable seating. Proceeds from CiderFest support programs and projects at the Historic Houses of Fairmount Park: Laurel Hill, Lemon Hill, Mount Pleasant, Historic Strawberry Mansion, Woodford and Cedar Grove. This event is for visitors aged 21 and over only; ID required. To view the participating cideries and performers, and to purchase tickets to CiderFest, visit: <https://myphillypark.org/ciderfest-2019>.

DON'T FORGET: Experience Fairmount Park like never before with *In Motion, In Place: Trisha Brown Dance Company in Fairmount Park* from September 24-29. This series of free performances will take place on the rooftops surrounding Logan Circle, on the grounds of the historic Mount Pleasant Mansion, and on the Strawberry Mansion Reservoir at the Discovery Center. *In Motion, In Place* is supported by the Pew Center for Arts and Heritage. For the full schedule and for free tickets, visit: myphillypark.org/trisha-brown.

Fall in love with LOVE Park's fall lineup of events September through October, including free performances during the 2019 Fringe Festival and Shake it Off Fridays featuring salsa lessons. Wedding Wednesdays and a rotating lineup of food trucks will also return for the fall season:

- **Live at LOVE with Fringe Arts:** Live at LOVE brings music and live performances to LOVE Park on Tuesdays and Thursdays. This September, FringeArts will bring four site-specific events to LOVE Park during the city's annual Fringe Festival, including "One" by Ujima Dance Theatre; "Give Your Heart" by Eric Thayer; "Qupid" by Dana

Suleymanova; and “Rise” by Leah Stein Dance Company. View the series schedule at <https://www.phila.gov/spotlight/love-park/>.

- **Shake It Off Fridays:** Throughout September’s Hispanic Heritage Month, Siempre Salsa and Maestro Flaco and DJ Carlos Sanchez will offer free salsa lessons every Friday from 12-1pm. On September 13 from 7-10pm, join Siempre Salsa, Dance Republic, and the greater Philadelphia Latin dance community for a night of dancing to salsa and rhythms provided by DJs Carlos Sanchez and Kevin Ngo.
- **Game and music & book carts:** Throughout the season, visitors to LOVE Park will be able to play games such as life-sized Jenga, checkers, and more from the fabricated game cart. Musical instruments and a variety of books provided by the Free Library of Philadelphia will also be available at custom music & reading carts created by Tiny WPA and Interface Studio.

Walk your way to a healthy lifestyle with We Walk PHL, a free walking program that takes place in more than 10 Philly parks from September-October, including: Clark Park, Cobbs Creek, East Fairmount Park, FDR Park, Hunting Park, Lanier Playground, Rose Playground, Tacony Creek Park, Vernon Park, West Fairmount Park, and the Woodlands. This free program is designed to help people achieve their fitness goals while meeting their neighbors. <https://www.facebook.com/groups/1346769412082556/about/>

Hikes and trail runs in the parks: Venture off the beaten path in Philly’s parks with Fairmount Park Conservancy’s guided hikes, trail runs, and yoga and meditation classes. These events explore the hidden gems in Philly’s parks, including the Trolley Trail in West Fairmount Park, the Boxers’ Trail in East Fairmount Park, the Fairmount Park Horticulture Center, and others. Most events are free for Conservancy members and \$15 for non-members. Membership starts at \$35 per year.

fairmountpark.ticketleap.com/

- **New this fall is a Forest Therapy Walk with Wild Philadelphia** on September 15. Participants will explore a 1-mile stretch of the Boxers’ Trail in East Fairmount Park while “forest bathing,” a Japanese practice that has shown to provide a myriad of health and wellness benefits.

OCTOBER

Mix and mingle with Fairmount Park Conservancy’s park champions at Glow in the Park on the evening of Thursday, October 17. This annual outdoor fundraiser in-the-dark includes art, live entertainment by Bachelor Boys Band, local fare, cocktails, and the company of park-loving professionals and civic leaders. The setting for the night under the stars is Fairmount Park Horticulture Center, next to the Reflecting Pool, from 6-9:30pm. *Guests will also be able to take a moon-lit stroll to Shofuso Japanese House and Garden for a rare opportunity to experience the garden at night.* Order tickets for *Glow in the Park* at: myphillypark.org/glow-2019/.

Be illuminated by THE GLOW: A Jack O’Lantern Experience, running Thursday to Sunday evenings from October 4-28. As the sky darkens, a wonderland of expertly carved pumpkins will be illuminated along a 1/3-mile trail in West Fairmount Park (two blocks from the Mann Center at 5201 Parkside Ave.). Images include dinosaurs, superheroes,

famous Philadelphians past and present, and local landmarks. Ticket prices vary based on time and are available for purchase at theglowjackolantern.com/philadelphia/.

NOVEMBER

Show some love for your neighborhood park during Love Your Park Fall Service Day on Saturday, November 9. With support from the Neighborhood Park Stewardship Program run by Philadelphia Parks & Recreation and Fairmount Park Conservancy, more than 100 volunteer groups in the Park Friends Network will organize activities such as planting trees and bulbs, raking leaves, and picking up litter to prepare Philly's parks for winter. Volunteer registration for Fall Service Day opens October 9 at loveyourpark.org.

DECEMBER

Celebrate the holidays with decorations and entertainment at the Historic Houses of Fairmount Park. This month-long celebration will delight visitors with decked halls at six of the park's treasured historic houses: Cedar Grove, Laurel Hill Mansion, Lemon Hill Mansion, Historic Strawberry Mansion, Mount Pleasant Mansion, and Woodford Mansion. As in recent years, Fairmount Park Conservancy and its partners will present "A Very Philly Christmas" – four special days showcasing holiday traditions, music, food, and crafts:

- **Traditions of the Season:** featuring colonial-era reenactors and first-person interpreters, 12/7
- **Flavors of the Season:** sharing culinary delights, 12/8
- **Sounds of the Season:** featuring top local musicians, 12/14
- **Crafts of the Season:** providing hands-on arts and craft activities and a visit from Santa, 12/15

The Historic Houses of Fairmount Park are some of the best-preserved examples of 18th and 19th century early American architecture, all located in one of the country's most beautiful urban parks. Promotion and programming for the historic houses are supported through a partnership between Philadelphia Parks & Recreation, Fairmount Park Conservancy, and various stewardship groups. Proceeds from the events support the ongoing maintenance and promotion of these treasures. Purchase tickets to "A Very Philly Christmas" and learn more about the historic houses at holidaysinthepark.com.

Download high-resolution images here: <http://bit.ly/ConservancyPressKit>.

Fairmount Park Conservancy exists to champion Philadelphia's parks. We lead capital projects and historic preservation efforts, foster neighborhood park stewardship, attract and leverage investments, and develop innovative programs throughout the 10,200 acres that include Fairmount Park and more than 100 neighborhood parks around the city. For more information, please visit myphillypark.org, join us at [facebook.com/fairmountparkconservancy](https://www.facebook.com/fairmountparkconservancy), and follow us on Instagram and Twitter @myphillypark.

Philadelphia Parks & Recreation (PPR) advances the prosperity of the city and the progress of her people through intentional and sustained stewardship of nearly 10,200 acres of public land and waterways as well as through hundreds of safe, stimulating recreation, environmental and cultural centers. PPR promotes the well-being and growth of the city's residents by connecting them to the natural world around them, to each other and

to fun, physical and social opportunities. PPR is responsible for the upkeep of historically significant Philadelphia events and specialty venues, and works collaboratively with communities and organizations in leading capital projects and the introduction of inventive programming. To learn more about Philadelphia Parks & Recreation, visit us at www.phila.gov/parksandrec, and follow @philaparkandrec on Facebook, Twitter, and Instagram.

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Love Your Park Week photo by Steve Belkowitz for Fairmount Park Conservancy.